

IS REGENR8 RIGHT FOR ME?

Are you ready to feel rejuvenated, energized and regenerated!?! Are you ready to release excess weight, cleanse, and detoxify? Wouldn't it be great to supply your body with Optimal Nutrition that is created specifically for your body's needs?

OUR VISION

"Building Healthier communities by inspiring a Regenerative lifestyle"

TESTIMONIALS

"I dropped 7 lbs after my first fast, and now I'm down a total of 38lbs. Thank you Regenr8!"

Sonja S.
Mankato, MN

"I've never been able to complete a program like this one, but the Regenr8 Protocol was so simple and I had great results! I fall asleep so easily and wake up feeling energized. The teas are amazing and the soups are delicious and I love having my very own personalized superfood!"

Michele H.
St. Louis, MO

"I lost 7lbs in just 5 days and the pounds are still falling. I feel 10 years younger!"

Jeff V.
Pleasant Hill, IA

THE REGENR8-IVE LIFESTYLE PLAN IS THE SOLUTION TO ACHIEVING YOUR WELLNESS GOALS.

Regenr8 has partnered with your trusted healthcare provider to ensure your success. Our approach is simple and delivers effective results by harnessing the power of emerging science with 3 simple products.

ANALYZE

Epigenetic Biomarker Profile™

OPTIMIZE

Optim8 Personalized Epigenetic Superfood Blend

REGENERATE

The Regenr8-ive Fast™



YOUR REGENR8-IVE LIFESTYLE PROVIDER INFORMATION:

www.regenr8.pro



LIVE YOUR BEST LIFE WITH OUR REGENR8-IVE LIFESTYLE APPROACH TO HEALTHY LIVING.

EPIGENETICS
PERSONALIZED NUTRITION
REGENR8-IVE FAST

Regeneration
made easy

ELIMINATING THE GUESSWORK

The key to better health is knowing what your body needs. Utilizing the revolutionary metabolomic technology of our Epigenetic Biomarker Profile™, you'll know exactly what your body needs for peak performance. You will discover how to nutritionally support the cellular processes influence gene expression, so that changes to your nutrition can be personally customized to support optimal health and wellness, eliminating all the guesswork!

HOW IT WORKS

ANALYZE: YOUR EPIGENETICS

Send in a small sample of your first-morning urine

Within a few days ...

You will receive a Comprehensive Report, providing you with an in-depth look of the metabolomic fingerprint containing information about nutritional, epigenetic, proteomic and metabolomic pathway signals. These signals may play a role and have significant impact on many health conditions.



YOUR EPIGENETIC NUTRITIONAL OPTIMIZATION REPORT WILL INCLUDE:

- The 6-Key Indicator Categories (Cellular Energy Production, Methylation and B-Vitamin Assessment, Inflammation and Oxidative Stress, Muscle Health and Repair, Gut Health and Amino Acid Assessment)
- Nutritional Overview Summary Chart of your specific nutritional needs
- Nutritional imbalances that may affect several vital functional systems of your body
- Typical foods to address your specific nutritional needs
- A personalized list of foods to increase or add to your daily intake
- Self-Assessment questionnaires to monitor your 90-day progress at 30-day intervals

OPTIMIZE

From your Epigenetic Nutritional Optimization Report, your Optim8 Epigenetic Custom Superfood will be created. This formula is personalized just for you. Optim8 is made from certified USDA organic, non-gmo, vegan, nut and gluten-free, whole foods. Your Optim8 superfood is specifically formulated to meet your body's specific needs for vitamins, minerals, amino acids, fatty acids and antioxidants. We recommend taking Optim8 daily for optimal health benefits.



ORGANIC
GLUTEN FREE
NON-GMO



REGENERATE

As many studies show dating back decades, caloric - restriction diets, fasting, intermittent eating protocols and combining specific types of food & nutrition have numerous health benefits to cleanse and detoxify the body. This process, called autophagy, stimulates the growth of new stem cells for an overall regenerative renewal. The Regenr8-ive Fast supports these benefits in one very simple to follow program! Everything in your TRF box, which includes, delicious and satisfying soups and teas, a morning beverage to get you going and additional "add-in" foods listed in our reference guide, are all you need to successfully regenerate! We want you to achieve all the health benefits without the frustrations. Your healthcare provider and the Regenr8 Healthcare Concierge Team will work with you to ensure your success!



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regenr8
Delivering Personalized Wellness